

## WEIGHT LOSS

### Adjustable Intra Gastric Balloon for Weight Loss

The Easy Life Intra Gastric Balloon is a minimally invasive, non-surgical, alternative for the treatment of obesity. It is designed to provide short-term weight loss therapy to reduce health risks related to obesity or risks prior to vital surgery, or as part of a supervised weight loss programme.

The procedure involves the insertion of a deflated soft, silicone balloon through the mouth into the stomach during an endoscopy procedure under mild sedation. The balloon is then filled with air to partially fill the stomach and give the patient a feeling of fullness, leaving less room for food. The procedure is performed in 15 to 20 minutes, allowing the patient to be discharged approximately 2 hours later when they have fully recovered.

The gastric balloon can be adjusted after 4-6 months to help maintain weight loss momentum, then will need to be either removed or replaced after 12 months. This extended period of time allows for more opportunities to change nutritional habits and achieve a more successful outcome as the amount of weight loss varies for each person and is dependent on adopting lifestyle changes.

#### Advantages offered by the Easy Life Intra Gastric Balloon include:

- Implantation of up to one year as opposed to six months with conventional systems allows for several periods of weight lost for an improved clinical outcome
- Offering a single adjustable balloon results in significant cost savings and allows the patient more opportunities to change their nutritional habits
- The balloon is well tolerated meaning it is less likely to be removed at an early stage and is easily retrieved via traction through the catheter

